



Greene County Public Health

Melissa Howell MS, MBA, MPH, RN, RS, Health Commissioner
Kevin L. Sharrett, MD, Medical Director

Date: _____

Your child/dependent, _____, was identified as a close contact of a confirmed case of COVID-19 on _____ and is at risk of developing this virus. To prevent transmission of this contagious disease, the identified close contact is to home quarantine in accordance with Ohio Revised Code 3707.08. **Staying in quarantine for 14 days is strongly recommended to minimize the risk of disease transmission and protects people who are at risk for serious illness.**

The Ohio Department of Health (ODH) has recently adopted the Centers for Disease Control and Prevention (CDC) reduced quarantine criteria. For individuals placed into quarantine the reduced quarantine criteria may apply as determined by Greene County Public Health as follows:

- **Reduced Duration 1** – Stay at home for at least 10 days after last exposure AND monitor for signs and symptoms of COVID-19 through day 14. Consider obtaining a viral test at the end of this period (day 8 or later) to increase certainty you are not infected. If you have not developed any symptoms, your last date for a 10-day quarantine will be _____.
- **Reduced Duration 2** – Present the district with proof of a negative test result for COVID-19 from a sample collected on day five or later after the last exposure AND stay at home for at least seven days after the last exposure; AND monitor for signs and symptoms of COVID-19 through day 14. If you have remained without signs and symptoms of COVID-19; your last date for a minimum seven-day quarantine will be _____.
- **Athletic/Extracurricular Quarantine Duration** - Participation in physical activities is done without a mask and in close proximity to other individuals. Due to these factors, students may return to participation in practices and events after the 10-day quarantine period.

Regardless of the duration period for quarantine you must:

- restrict and limit all movement that may put you in contact with others.
- Stay home. Do not go to work, school or public areas unless you are seeking necessary medical care.
- Separate yourself from others in your home. Stay in a specific room away from other people in your home
- Stay at least 6 feet away from others. When this is not possible, wear a mask.
- Self-monitor for symptoms of COVID-19 through day 14.
- Self-isolate if you develop symptoms or test positive for COVID-19.

Please monitor and watch for symptoms. People with COVID-19 usually have mild to severe respiratory illness with symptoms of fever, cough, shortness of breath. Some people have other symptoms, including chills, muscle pain, sore throat, or new loss of taste or smell. Not everyone with COVID-19 will have all symptoms and fever might not be present. These symptoms may appear 2-14 days after exposure. Contact your health care provider if there are changes in their health status.

Please call Kirsten Bean at (937) 374-5646 if you have any questions. Thank you for your efforts in keeping our friends and neighbors healthy!

Greene County Public Health

By: Melissa Howell Kevin Sharrett, MD
Health Commissioner Medical Director